

Chrystal Mincey (The Ahimsa Connection) LIABILITY WAIVER AGREEMENT

Once completed send to: crmincey@icloud.com

I hereby agree to the following:

1. I am participating in classes or services during which I will receive information and instruction about yoga and health. I recognize that yoga requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in any physical fitness program, including yoga. I represent and warrant that I have no medical condition that would prevent my participation in physical fitness activities.
3. In consideration of being permitted to participate in the yoga classes, I agree to assume full responsibility for any risks, injuries, or damages, known and unknown, which I might incur as a result of participating in the program.
4. In further consideration of being permitted to participate in the yoga classes, I knowingly, voluntarily, and expressly waive any claim I may have against the instructor, the owner, or the leaseholder of the building for injuries or damages that I may sustain as a result of participating in classes, sessions, courses, events or workshops held with or by Chrystal Mincey (The Ahimsa Connection).
5. If I participate in other classes, sessions, or events with Chrystal Mincey, (The Ahimsa Connection) (such as Thai Yoga Massage, Qi Gong, Reiki. Etc.) that I will also assume full responsibility for any injuries that may result from my participation, with the same considerations that this waiver stipulates for yoga (items 1-4 above).
6. For Parents Registering Children for Kids Classes, Workshops or Camps: I am the parent and/or guardian of the minor child/children for whom I am registering, I have read this release and permission and fully understand its contents, and I have the full right and authority to execute this release and permission.
7. Photos and Video: I/the child I am registering may be photographed or recorded during yoga classes and these photographs or videos may appear on Chrystal Mincey's (The Ahimsa Connection) promotional materials unless otherwise specified. No person whose photograph is used will be identified by name, nor will any compensation be extended for such use.

I hereby agree to irrevocably release and waive any claims that I have now or may have hereafter against Chrystal Mincey (The Ahimsa Connection).

I have read and fully understand and agree to the above terms of this Liability Waiver Agreement. I am signing this agreement voluntarily and recognize that my signature serves as complete and unconditional release of all liability to the greatest extent allowed by law in the State of Maryland or residing state.

Client Signature

Date